



# LENT

A SEASON OF REFLECTION,  
RENEWAL, AND PREPARATION

**“Even now,” declares the Lord, “return to me with all your heart, with fasting and weeping and mourning.” -Joel 2:12**

On Wednesday the 22<sup>nd</sup> of February, the Church will begin to observe the most solemn Season of Lent. Ash Wednesday, as it is traditionally called, sets the tone and character for the Season with a core message. A message that is encapsulated by the words that will be echoed in Catholic churches everywhere, “Repent and believe the Gospel;” or “Remember you are dust and to dust you shall return.”

According to Pope Francis, “Lent summons us and enables us to come back to the Lord wholeheartedly and in every aspect of our life.” It is indeed a special time; a time for self examination and to embrace the spiritual disciplines of almsgiving, fasting and prayer as we grow in our relationship with God. Therefore, as we embark on this forty day journey, we invite you to join us in our attempt to master our own selfish desires and turn back to the One who is our all in all.

***May this Season of Lent be a time of revelation, repentance and renewal for our entire school family.***